

AU PAIR

Work and travel in a secure, family environment


Do YOU enjoy...?

- ✓ looking after children?
- ✓ being lively and creative?
- ✓ flexible hours?
- ✓ family life?
- ✓ being independent and managing your own time?
- ✓ travel?
- ✓ working in a foreign environment?

YOU'LL need to...

- ✓ have a cool head and bags of patience
- ✓ be highly responsible and safety-conscious

...then this COULD BE YOU!



Learn another **LANGUAGE**
to take your skills abroad

How?

Think about:

- ✓ Getting an NVQ or NNEB Diploma in Childcare (minimum level 3)
- ✓ Babysitting for people who are not within your own family and who would be willing to give references – you'll need at least 2 non-family references
- ✓ Gaining work experience e.g. in a local crèche or nursery for a professional reference
- ✓ Getting a CRB check done
- ✓ Learning other languages

Think Languages:

“It’s a great disadvantage to go to a country and know nothing of their culture and civilization. It makes you look quite ignorant; cultural awareness is hugely important for being a successful au pair. If you find yourself in a French family, you need to be able to communicate about the basics in their language.”

- Sandra Landau, Chair Lady of British Au Pair Agencies Association

Want to know more?

Check these out:

Advice on becoming an Au Pair –

- British Au Pair Agencies Association (BAPAA) www.bapaa.org.uk
- CACHE www.cache.org.uk
- Children’s Workforce Development Council (CWDC) www.cwdcouncil.org.uk
- CRB checks - www.homeoffice.gov.uk/agencies-public-bodies/crb/

Advice on planning a gap year –

- www.gapwork.com
- www.gapyear.com
- www.gogapyear.com
- www.gapadvice.org

Advice on the next step –

- www.ucas.com
- www.careerswales.com

Advice on languages –

- www.ciltcymru.org.uk
- www.routesintolanguages.ac.uk/cymru
- www.studyinglanguages.ac.uk
- www.languageswork.org.uk
- www.whystudylanguages.ac.uk
- www.europa.eu/languages
- *Check out the European Commission’s website for opportunities to work and study abroad:* http://ec.europa.eu/education/lifelong-learning-programme/languages_en.htm

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